



**April M. Stallworth** is the Founder and CEO of Strong Women Strong Lives. A Respected Leader, Public Speaker, Executive Administrative Professional, and Visionary, she teaches life strategies that transform. April provides group coaching services, training workshops, and speaks before religious and secular organizations. She has worked extensively with high school students, single and teen parents in low-income and under-served regions, and women all of ages and backgrounds. Her teachings are focused on finding your purpose, maintaining work/life balance, overcoming fear, healthy relationships, winning success principles, and practicing good, holistic self-care. April is a proud member of Delta Sigma Theta Sorority, Incorporated. and is originally from the great state of New Jersey but now resides in the Northwest Suburbs of Chicago. She is the boastful mom of one daughter.